FORM 4

Check this box if no longer subject

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	mber: 3235-0287				
Estimated average burden					
hours per response	: 0.5				

to Section 16. F obligations may Instruction 1(b).	continue. See		d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	Estimated average burden hours per response: 0		
1. Name and Address of Reporting Person* SYKES OLLIN B (Last) (First) (Middle) C/O GATEWAY FINANCIAL HODINGS P O BOX 1908		(Middle)	2. Issuer Name and Ticker or Trading Symbol <u>CHARLES & COLVARD LTD</u> [CTHR] 3. Date of Earliest Transaction (Month/Day/Year) 03/14/2022	5. Relationship of F (Check all applicab X Director Officer (gi below)	10% Owner	
(Street) ELIZABETH CITY (City)	NC (State)	27906 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	1	by One Repor	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock								1,550,000	Ι	By Sykes & Company PA 401(k) Profit Sharing Plan UA Jan 01, 1985 ⁽¹⁾
Common Stock	03/14/2022		Р		5,000	A	\$1.66	188,920	Ι	By SEP IRA
Common Stock								95,358	I	By ROTH IRA
Common Stock								111,500	Ι	By IRA
Common Stock								45,787	Ι	By spouse
Common Stock								636,421	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10. 11. Nature Conversion Execution Date, Transaction Code (Instr. Expiration Date (Month/Day/Year) Ownership Derivative Amount of Derivative derivative of Indirect Date (Month/Day/Year) Security or Exercise if any (Month/Day/Year) Derivative Securities Security Securities Form: Beneficial Securities Acquired (Instr. 3) Price of 8) Underlying (Instr. 5) Beneficially Direct (D) Ownership Derivative or Indirect (Instr. 4) Derivative Owned (A) or Disposed of (D) Security (Instr. 3 and 4) (I) (Instr. 4) Security Following Reported Transaction(s) (Instr. 3, 4 (Instr. 4) and 5) Amount or Number Expiration Date v (D) Title Shares Code (A) Exercisable Date

Explanation of Responses:

1. Ollin Sykes is the co-trustee of the Sykes & Company PA 401(k) Profit Sharing Plan UA Jan 01, 1985. The aggregate shares of the Issuer's common stock reported as held by the plan include 550,000 shares held in Mr. Sykes's personal 401(k) account under the plan. Mr. Sykes disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

/s/ Clint J. Pete, Attorney-In-03/16/2022 Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.