FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Wash

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ngton, D.C. 20549	OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RUSS FREDERICK A						2. Issuer Name and Ticker or Trading Symbol CHARLES & COLVARD LTD [CTHR]									Check a	nship of Reporti I applicable) Director	ng Person	Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O CHARLES & COLVARD, LTD.						3. Date of Earliest Transaction (Month/Day/Year) 05/07/2008										Officer (give title below)		Other (spe below)		
300 PERIMETER PARK DRIVE, SUITE A					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) MORRISVILLE NC 27560															X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	ate) (Zip)																	
		Tabl	e I - No	n-Deriv	ative	Sec	curitie	s Ac	quired	, Dis	posed o	f, or	Ben	efici	ally O	wned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4						id 5) S B O	Amount of ecurities eneficially wned Following eported	6. Owne Form: D (D) or In (I) (Instr	irect direct	7. Nature of Indirect Beneficial Ownership	
										v	Amount	(<i>A</i>	() or ()	Price	T	ransaction(s) nstr. 3 and 4)			(Instr. 4)	
common stock 05/07/2						2008					5,000		A	\$1.26		360,812			spouse	
common stock 05/07/2									P		5,000		A	\$1.2699		365,812			spouse	
		Та									osed of, onvertib				y Owr	ied				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any			Transaction Code (Instr.		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerci on Da Day/Yo	ear)	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		nstr. 3	8. Price Derivat Securit (Instr. !	derivative Securities	Own Forn Director In (I) (Ir	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Sh	ares						

Explanation of Responses:

FREDERICK A. RUSS

05/08/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.