## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RUSS FREDERICK A						2. Issuer Name <b>and</b> Ticker or Trading Symbol CHARLES & COLVARD LTD [ CTHR ]										all app	onship of Reporting Poll applicable) Director Officer (give title below)		Person(s) to Issuer		
(Last) (First) (Middle) C/O CHARLES & COLVARD, LTD.						3. Date of Earliest Transaction (Month/Day/Year) 11/19/2008													Other (specify below)		
300 PERIMETER PARK DRIVE, SUITE A						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) MORRISVILLE NC 27560															X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St	ate) (2	Zip)																		
		Tabl	e I - Nor	n-Deriva	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	ally (	Owne	ed				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						ur)   E	A. Deemed Execution Date, f any Month/Day/Year)		Code	Transaction Disposed Code (Instr. 5)			ities Acquired (A) d Of (D) (Instr. 3,			Securi Benefi Owned	Securities Beneficially		rship irect direct . 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	() (I	A) or D)	Price		Transaction(s) (Instr. 3 and 4)				(1130.4)					
common stock 11/19/2						/2008					15,50	) A \$0		\$ <mark>0</mark> .	21 426,857		26,857	I		spouse	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	titive Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any			ay/Year)	4. Transaction Code (Instr. 8)			ative rities ired osed	Expiration (Month/E	Date Exercisable and expiration Date Month/Day/Year)  Date Expiration Date Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amour or Numbe of Title Shares		-		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Forr Dire or Ir (I) (I	ership n: ct (D) direct nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

**Explanation of Responses:** 

/s/ Frederick A. Russ

11/20/2008

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.