FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Krist Timothy L (Last) (First) (Middle) C/O CHARLES & COLVARD LTD. 300 PERIMETER PARK DR., STE A							Susuer Name and Ticker or Trading Symbol CHARLES & COLVARD LTD [CTHR] Date of Earliest Transaction (Month/Day/Year) 03/05/2012										Relationship of Reporting Person(s) to Issuer leck all applicable) Director Officer (give title below) Chief Financial Officer			
(Street) MORRISVILLE NC 27560 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ear)	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transac Code (I 8)	ction	4. Securities Acquired (A) Disposed Of (D) (Instr. 3,) or 5. Amou 4 and Securitie Beneficia Owned F		nt of s ally ollowing	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership
Common Stock										Code	V	Amount	(A) or (D) Pri		ice	Transact (Instr. 3 a	Reported Transaction(s) (Instr. 3 and 4)		D	(Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		e.g., p	uts, I. Transac	call	5. Number 6. of		6. D			onvertil	or Beneficial ble securities) 7. Title and Amour of Securities Underlying Derivative Security (Instr. 3 and 4)		s) ount [[] rity []		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Dat Exe	e ercisable		xpiration ate	Title	or Num of Shar	.					
Stock Option (righ to buy)	\$4.48	03/05/2012			A		7,366		03/0	05/2012 ^{(:}	1) 0	3/05/2022	Common Stock	7,3	66	\$0	7,366	5	D	
Stock Option (right to	\$3.46								03/0	07/2011 ⁽²	2) 0	3/07/2021	Common Stock	39,9	990		39,99	0	D	

${\bf Explanation\ of\ Responses:}$

- $1.\ Option\ vests\ and\ becomes\ exercisable\ in\ four\ equal\ installments\ beginning\ on\ March\ 5,\ 2012.$
- 2. Option vests and becomes exercisable in four equal installments beginning on March 7, 2011

/s/ Timothy L. Krist 03/07/2012

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.